**Declaration – Green travel**

**Green travel in the Erasmus+ Programme**

Green travel means travelling in which the journey or part of the journey is made using low-emissions means of transport (such as bus, train, car-pooling) with the aim of minimising the emissions related to the mobility period by reducing flying for example. The participant is entitled to the green travel grant when **the main part of the travel or at least one direction of the round trip** has been made using low-emissions means of transport.

Ship/ferry can be used for a part of the journey reported as green travel, as longs as main means of transport is such as bus/train/car-pooling.

In the Erasmus+ Programme, the green travel grant is higher than the usual travel grant and a maximum of six (6) travel days can be used for travelling. In addition to the higher amount of travel grant, individual support is paid to the participant for each actual travel day:

* when **the whole journey** is made using low-emissions transport, in addition to the two (2) travel days, the participant is entitled to four (4) additional travel days (2+4).
* when the main part of the travelled journey or at least one direction of the round trip has been made using low-emission transport, the grant will be paid **according to the actual travel days**, however, for a maximum of six (6) travel days.

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| Details of green travel |
| Name: |  |
| UCP ID number: |  |
| Erasmus mobility contract number: |  |
| Host institution: |  |
| Host country: |  |
| Period of stay (not including travel days): |
| Type of Stay |   Studies Traineeship Short-Term Mobility (Doctoral Mobility, BIP-Blended Intensive Program) |
| I use the following means of transport: | ☐ Bus ☐ Carpool ☐ Train ☐ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| ☐ I apply for the one-time payment of the "Top-Up for Green Travel" (green travel) within the framework of my ERASMUS study stay. |
| ☐ I am applying for funding for additional travel days because my travel time has increased due to the use of low-emission transport:Travel timeI would like to apply for funding for additional travel days:☐ 1 day (over 8 hours) or ☐ 2 days (over 24 hours) outbound travel time☐ 1 day (over 8 hours) or ☐ 2 days (over 24 hours) return travel time |

I hereby declare on my honour that I will travel sustainably to and from my host institution as part of my planned Erasmus+ stay abroad in the above-mentioned period. I will present the receipts (e.g. travel tickets, certificates) to the International Office of my sending institution. If I do not provide proof, I will have to pay back the special grant.

I hereby give my consent to the Universidade Católica Portuguesa for the handling of my personal data for the purpose of managing the green travel grant, awarded within the framework of my Erasmus+ mobility.

Date:

Student signature: