

11TH EDITION

INTERNATIONAL STUDENT MEETING

OCTOBER 10TH 2025 📍 SINTRA, LISBOA

PROGRAMME

DEPARTURE FROM UCP CENTERS:

06H00 | DEPARTURE FROM UCP | BRAGA

07H00 | DEPARTURE FROM UCP | VISEU

07H00 | DEPARTURE FROM UCP | PORTO

09H00 | DEPARTURE FROM UCP | LISBOA

ACTIVITIES

09H30 | ARRIVAL & CHECK-UP

HEALTH CHECK-UP, ORGANIZED BY THE STUDENTS
OF THE CATÓLICA MEDICAL SCHOOL (OPTIONAL)

11H00 | WELCOME SESSION & FIRST AID WORKSHOP
FOR STUDENTS

12H15 | LUNCH AT FOOD TRUCKS

14H00 | DEPARTURE TO SINTRA TOWN CENTER

15H00 | GROUP PHOTO

15H15 | VISIT TO THE NATIONAL PALACE OF SINTRA & THE
HISTORICAL CENTER (SELF-GUIDED)

18H00 | DEPARTURE FROM SINTRA



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